## **CELEBRATE**

# WEILINESS

### Come get a jump-start on SUMMER

Sunday, May 22, 2011

WHERE? Sayville Middle School & High School

#### WHAT?

#### At the Middle School

• 7:30 A.M. The Annual Youth Triathlon

#### At the High School (Parental supervision required)

- 9:45 A.M. Free FUN-RUN for wellness beginners & kids under 7 yrs
- 10 A.M. 5K Run/Walk Fundraiser (registration fee required)
- 11:15 A.M. Triathlon Awards Ceremony
- 11:30 A.M. Ribbon-Cutting Ceremony & tour of Wellness Center;
- 9 A.M. 12 NOON Visit table vendors & see student artwork on display

#### **PURPOSE?**

- To encourage Sayville residents to develop or maintain healthy and active lifestyles
- To showcase the state-of-the-art Wellness Center at SHS
- To fundraise for wellness equipment

Contact Numbers: 244-6600, 244-6625, 244-6520

TRIATHLON – students in grades 5-12 should see their PE teachers.

FUN RUN ¼-mile - Free, no registration required.

5K RUN/WALK, TABLE VENDORS, and/or T-SHIRT SPONSORS – registration forms available in every school building, and District Office.

Don't hesitate to call!